

Lunchbox Checklist

With your child, add or cross off any items of your choice to build out balanced lunch options. Next, take the checklist with you to the store and check off items as you place them into your cart. If you want to keep your kids entertained during the trip, let them help you mark off items placed into the cart!

MAIN COURSE

- PB & J with Sara Lee® Bread
- Deli Sandwich with Sara Lee® Bread
- Roll Ups with Sara Lee® Bread

VEGETABLES

- Cucumbers
- Carrots
- Celery
- Broccoli
- Cauliflower
- Salad
- Peppers

FRUITS

- Blueberries
- Strawberries
- Bananas
- Grapes
- Apples
- Raspberries
- Oranges

SNACK

- Entenmann's® Little Bites
- Entenmann's® Pop'ems
- Entenmann's® Snack Pies

DRINK

- Water
- Juice
- Milk

DAIRY

- Yogurt
- Cheese Squares
- Cheese Sticks

#LUNCHBOXGOALS

